

# 2019 West Michigan Armwrestling Championships

Presented by



## Held at Hot Rod Harley Davidson

149 Shoreline Drive Muskegon, MI 49440

Phone: (231) 722-0000

July 20th 2019

Registration & Weigh ins  
7/20/19 - 10:00am to 1:00pm  
Competition starts 2:00 pm

For More Information  
Contact: Matt Bourdon  
616-893-8081

## Weight Classes

Men's Right & Left:

0-154 lbs, 154 - 176 lbs, 176 - 198 lbs, 198 - 242lbs, 242lbs & Over

Women's Right:

Open

Entry fee:  
\$20 first class,  
\$10 additional classes.

[michiganarms.com](http://michiganarms.com)

**Awards**  
Michigan Arms  
Heavy Medal's  
1st - 3rd Place  
in ea.class

Under 18 years of age, Need parent present to sign waiver

Like most sports, the sport of armwrestling has a risk of Injury to the contestant.